

META-Medicine Introduction Seminar



Integrative Health Coaches using
cutting-edge mindbodysocial
healing models & techniques

Meta Diagnosis Process

with
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Certified META-Medicine Master Trainer

Disease as a journey

The Body Doesn't Make Any Mistakes!

Each disease is a meaningful and
intelligent process.

Health through knowledge and awareness

Becoming aware of the conflict, the emotions and transforming them through forgiveness, letting go, love and consciousness, then we grow and evolve to become a human.

Life is evolution !

Empowerment

Results > Reasons

- VS -

= Empowerment

Exercise

- I can be 100% healthy
- I allow myself to be 100% healthy
- I'm willing to do what it takes in order to be 100% healthy
- I am 100% healthy



Meta-Medicine - Handedness

1. Please place your hands on your knees?
2. Very quickly clap your hands like giving applause?
3. Stop !
4. Which hand is on top? = Handedness

Tips (if no clear result):

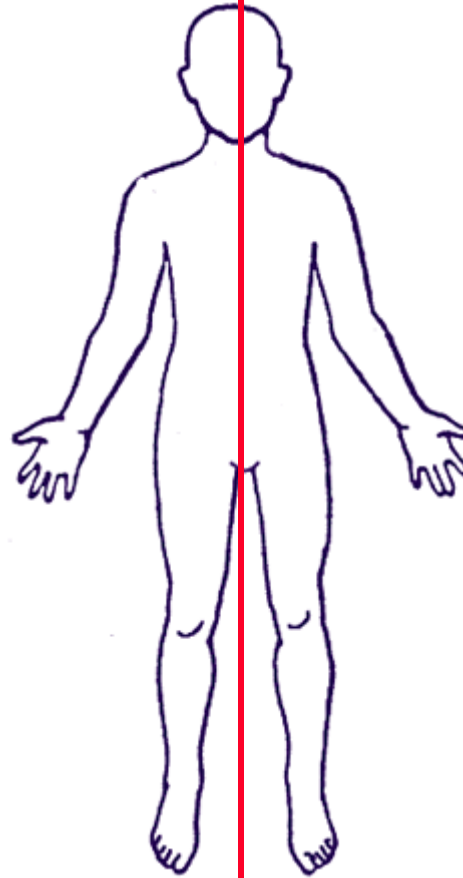
- Many left-handed people think they are right-handed.
- Clap both ways - which side feels more natural?
(look for leading hand, more natural posture)



Dominant hand

Dominant Hand

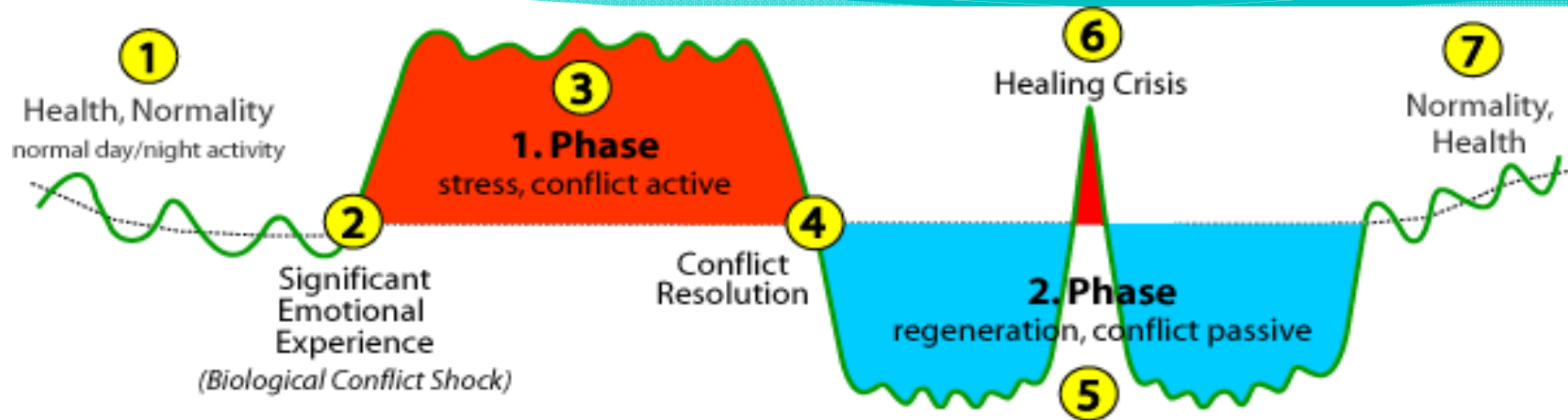
Anything associated
with a:
Father
Partner (man or
woman)
Boss
Work



Non-Dominant Hand

Anything associated
to with a:
Mother
Child
Nest

Meta-Medicine diagnosis – Overview



1. Health, normality
2. Significant. Emotional Experience
3. Stress phase
4. Conflict resolution
5. Regeneration phase
6. Healing crisis
7. Normality, health

Synchronous on all levels:
Body-organ
Psyche-conflict
Brain relay
Autonomous nervous system
Environment
Total: 35 major points and phases

Metaphor

The Head	Intellectual capacity
Neck	Injustice and moral issues
Shoulders	Inability to hold somebody
Hands	Inability to act and do something
Thorax	Conflict with something close to our heart
Lumbar	Devaluation of the foundation of who we are
The Pelvis	Sexual capacity
Hips	Inability to withstand, uphold or endure
Leg	Inability to stand a situation, kick away someone/something or run away
Knee	Inflexibility, sport activity
Ankle	Inability to run, make one's way ahead



Finding the root cause of a symptom

1. Symptom - Organ
2. Conflict
3. Conflict or Regeneration phase?



4. Timing
5. Metaphor
6. Hand dominance (Not needed with organs related to Brain Stem)

Finding the root cause of a symptom

1. Symptom – Organ SKIN -EPIDERMIS
2. Conflict LOSS OF CONTACT WITH SOMEBODY
3. Conflict or Regeneration phase? REGENERATIONPHASE
4. Timing 1 MONTHS AGO
5. Metaphor HOLDING ON TO SOMEBODY
6. Hand dominance (Not needed with organs related to Brain Stem) LEFT



ASK:

Did you, just before the symptom started ,experience getting back in contact with a mother/child/nest, that you ones felt that you lost contact with?

Finding the root cause of a symptom

1. Symptom – Organ SKIN -EPIDERMIS
2. Conflict LOSS OF CONTACT WITH SOMEBODY
3. Conflict or Regeneration phase? REGENERATIONPHASE
4. Timing 1 MONTHS AGO
5. Metaphor HOLDING ON TO SOMEBODY
6. Hand dominance (Not needed with organs related to Brain Stem) LEFT



If the symptom started after the conflict check ask:

Just before the symptoms began, did you experience an unexpected dramatic shock that you didn't have a strategy to deal with, that had something to do with (add conflict + metaphor + hand dominance?)

If the symptom started after the resolution:

Did you, just before the symptom started, experience solving a conflict that had to do with (add conflict + metaphor + hand dominance)?

Question

If the symptom started after the conflict check ask:
Just before the symptoms began, did you experience an unexpected dramatic shock that you didn't have a strategy to deal with, that had something to do with (add conflict + metaphor + hand dominance)?

*If the symptom started after the resolution:
Did you, just before the symptom started, experience solving a conflict that had to do with (add conflict + metaphor + hand dominance)?*

Case

- Woman, 66 years, Breast cancer, left breast
January 2011, right dominant hand
- Glad or Ducts?
- Ducts – Regeneration phase
- Mother/Child Nest

Case

- Woman, 66 years, Breast cancer, left breast
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- Retirement –stress, no meaning, nothing meaningful to take care of
- Nov 2010 – Grandmother – Found something meaningful to take care of again
- Breast cancer Jan 2011